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Abstract

The assessment of personality is crucial not only for scientific inquiries but also for real-world applications such as personnel selection. However, most existing ways to quantify personality traits rely on self-reported scales, which are susceptible to biases such as self-presentational concerns. In this study, we propose and evaluate a novel implicit measure of personality that uses machine learning (ML) algorithms to predict an individual's levels in the Big Five personality traits from 5 minutes of electroencephalography (EEG) recordings. Results from a large test sample of 196 volunteers indicated that the personality scores derived from the proposed measure converged significantly with a commonly used questionnaire, predicted behavioral indices and psychological adjustment in a manner similar to self-reported scores, and were relatively stable across time. These evaluations suggest that the proposed measure in practice.

Keywords: personality assessment, emotion words, event-related potentials, EEG, predictive model

1 Introduction

2	Over a hundred years of scientific inquiry into individual differences has identified
3	five overarching traits as the fundamental dimensions of personality: extraversion,
4	neuroticism, conscientiousness, agreeableness, and openness to experience(McCrae &
5	Costa, 2008; McCrae & John, 1992). These "Big Five" traits represent dispositional
6	differences in cognitive, affective, behavioral and motivational patterns, and can
7	predict important life outcomes such as psychological adjustment(Ozer & Benet-
8	Martinez, 2006). Given the importance of the Big Five traits, it is crucial to develop a
9	reliable measurement of them not only for academic research, but also for application
10	scenarios such as personnel selection.
11	Most applications of the Big Five model rely on self-reported scales which require the
12	respondents to read statements or adjectives which they judge in relation to their
13	personality and report their degree of agreement(Costa Jr & McCrae, 2008; Gosling,
14	Rentfrow, & Swann, 2003). These self-reported scales, whilst having the advantages
15	of straightforwardness and cost-effectiveness, are susceptible to biases such as social
16	desirability or self-presentational concerns. For example, a job applicant may
17	deliberately fake his/her responses to a personality questionnaire to show competency
18	for the position. This disadvantage limits the method's effectiveness in certain
19	application settings.
20	One way to tackle this problem is to use indirect measures that do not require the
21	participants to report a subjective assessment of their own personality but make
22	inferences from other sources of data such as observed behavioral patterns(Gawronski
23	& De Houwer, 2014). Throughout the history of personality science, there have been
24	multiple attempts to develop such measures. For example, psychoanalysts have used

25	the subjective interpretation of ambiguous inkblot patterns to probe one's unconscious
26	mind(E. Exner Jr, 2003; Rorschach, 1921). However, its validity has been an ongoing
27	issue of debate(Wood & Lilienfeld, 1999). A more recent example is the personality
28	measure based on the Implicit Association Test (IAT), which employs measures of
29	reaction time to assess the association strength between one's concept of self and the
30	concept of a trait(Schmukle & Egloff, 2005; Schnabel, Asendorpf, & Greenwald,
31	2008). These IAT-based measures have been demonstrated to have adequate
32	reliability and validity, although what they actually measure may be conceptually
33	distinct from explicit measures of personality(Dentale, Vecchione, & Barbaranelli,
34	2016).
35	In recent years, the introduction of machine learning techniques into psychological
36	science has opened up new possibilities for implicit personality measures(Bleidorn &
37	Hopwood, 2018). The machine learning approach to personality assessment focuses
38	on developing automated algorithms to predict one's personality from certain data
39	sources, and the algorithms are usually cross-validated to ensure their generality to
40	new samples. Recently, there have been reports of success in the application of this
41	approach on individual's digital footprints on social media websites(Settanni, Azucar,
42	& Marengo, 2018; Wald, Khoshgoftaar, & Sumner, 2012; Wu, Kosinski, & Stillwell,
43	2015). For example, Wu et al. (Wu et al., 2015) developed machine learning models to
44	predict one's levels on the Big Five traits from Facebook "Likes". The accuracy of
45	their model's predictions, evaluated against self-reported personality scores and
46	predictive validity for life outcome variables, was higher than the judgments made by
47	human informants.
48	Besides online behaviors, another type of data that may benefit from a machine

49 learning approach is neurophysiological data. It has been an ongoing endeavor for

50 psychologists and neuroscientists to investigate the neurobiological basis of 51 personality(R. Jiang et al., 2018; Korjus et al., 2015; Nostro et al., 2018). Despite the 52 fact that consensus has not been reached for many traits, broadly speaking, the 53 available data do suggest that there are stable patterns of intraindividual variance in 54 neural activities which correspond to dispositional differences at the behavioral level. 55 However, for the purpose of developing neural-based personality measures, the 56 existing studies are limited in two ways. First, many of the findings were obtained by 57 techniques such as functional magnetic resonance imaging (fMRI), which due to their 58 expensive costs and immobility, are not suitable in application settings. Second, most 59 of these studies took a correlational approach, in which the focused trait was 60 correlated with specific neural features. These correlations relied on in-sample 61 population inference and were not necessarily generalizable to out-of-sample 62 individuals(Dubois & Adolphs, 2016). In contrast, a predictive machine-learning 63 inspired framework would employ cross-validation techniques to ensure out-of-64 sample generalizability, thus may be more desirable for application scenarios which 65 require accurate personality predictions from novel samples. 66 In the present study, we propose a novel machine learning-based assessment of the 67 Big Five personality traits using a brief electroencephalography (EEG) recording. 68 EEG is one of the most commonly used non-invasive neuroimaging techniques and is 69 especially suitable for application-oriented personality assessment due to its relatively 70 inexpensive and tolerable nature(Suzuki, Hill, Ait Oumeziane, Foti, & Samuel, 2018). 71 The premise of the proposed measure is based on a large body of previous research 72 which shows that the Big Five traits are related to affective reactivity. For example, 73 extroverts were shown to be more likely to experience positive emotions(Lee Anna 74Clark & Watson, 2008; John, Naumann, & Soto, 2008), while those scoring high on

75 neuroticism were more inclined to experience negative emotions(Lee Anna Clark & 76 Watson, 2008; John et al., 2008). Accordingly, studies of event-related potentials 77 (ERPs) have shown that personality affects one's neural response to emotional 78 stimuli(De Pascalis, Strippoli, Riccardi, & Vergari, 2004; Y. Lou et al., 2016; Speed 79 et al., 2015; Suzuki et al., 2018), and there are recent studies reporting distinct EEG 80 profiles by people with high versus low level of personality traits when viewing video 81 clips(Subramanian et al., 2018; Zhao, Ge, Shen, Wei, & Wang, 2018). However, 82 personality inferences finer than binary levels based on brain activities have not yet 83 been achieved. Our method aims to fill this gap by providing quantitative EEG-based 84 predictions of the Big Five traits. 85 In the proposed method, participants rapidly view a series of emotional words whilst 86 their brain activities are captured as EEG signals which are then fed to trained 87 machine learning algorithms as features to predict their scores on each of the Big Five 88 traits (Fig. 1A). We choose words as emotional stimuli because they are fast to 89 process, allowing the task to be brief ($\sim 5 \text{ mins}$) and offering flexibility in application 90 scenarios. To train the machine learning model for personality inference, and to 91 systematically evaluate its reliability and validity, we collected data from a large 92 sample of 196 young and healthy participants recruited from nearby universities (154 93 females, mean age = 21 years). Two-hundred double-character Chinese words were 94 briefly presented in a randomized order, including 60 positive words, 60 negative 95 words, 60 neutral words, and 20 name words. EEGs were simultaneously recorded 96 whilst participants viewed the words. ERPs evoked in response to the three types of 97 emotional words were extracted from the EEG recordings and used to train predictive 98 models with a nested cross-validation approach (Fig. 1). The performances of the 99 predictive models were evaluated using the correlations between EEG-predicted and

- 100 self-reported trait scores. Furthermore, the external validity of the measure was
- 101 evaluated by using the predicted traits scores to predict participants' behavioral



(a) Procedure of the EEG-based personality assessment

Fig. 1. Flow chart of the data collection and overview of the model training and evaluation. (*a*) The procedure of the personality assessment task. The participants perform the word attention task while their brain activity is recorded by a portable wireless EEG system. The event-related potential (ERP) responses to positive, negative and neutral words are used as features for implementing machine learning-based predictive models. The output of the models are the predicted scores for the Big Five traits. (*b*) The procedure of model training and evaluation. Elastic net regularized sparse regression is employed, with a nested leave-one-out cross-validation strategy for feature selection and model evaluation. The models' external validity and test-retest reliability are also assessed.

- 102 tendencies and life outcomes. Lastly, some of the participants completed the task
- again 19-78 days later, and the correlations between the predicted scores of the two
- 104 time points were used to assess the test-retest reliability of the proposed EEG-based
- 105 measure.

106 **Results**

Behavioral results 107

108 The presentation of the emotional words was randomly intermixed with 20 common 109 Chinese name words. The participants were required to press a button when they 110 detected a name. The mean accuracy for responding to names was $97.19 \pm 5.04\%$ and 111the mean response time was 522 ± 166 ms, indicating that participants were attentive 112 during the task.

Analyses of ERP responses 113

114 Averaged ERP responses to the word stimuli for participants with trait scores ranking 115in the top, middle and bottom terciles are shown in Fig. 2 for each combination of trait 116 and word valence. The prominent ERP components elicited by the word stimuli 117included two positive peaks at 200-300ms and 400-500ms, and two negative peaks at 118 100-200ms and 300-400ms, corresponding to the emotion related ERP components of 119 N100, P200, N400 and late positive complex (LPC)(Y. X. Lou et al., 2016; Williams



et al., 2006; M. Zhang, Ge, Kang, Guo, & Peng, 2018).

121	As a first step, we examined these components' correlation with personality. As
122	shown in Fig. S1, there was only one significant correlation between LPC for positive
123	words in the temporal area and self-reported scores for agreeableness ($r =18$, p
124	< .05). For conscientiousness, higher scores were associated with smaller LPC for
125	neutral words in the frontal and right temporal area ($r =15,15$, respectively, both p
126	< .05). For neuroticism, higher scores were associated with larger N100 for positive
127	words in the central area ($r =16$, $p < .05$), larger N100 for negative words in the left

Fig. 2. An overview of the event related potential (ERP) responses. The ERP waveforms show the average ERPs across all recording channels for the corresponding combination of trait (column) and word valence (row). The three waveforms within each subplot correspond to the ERPs averaged over the participants with the corresponding trait scores ranking in the top, middle and bottom terciles. Darker color refers to higher scores.

128	temporal area ($r =15$, $p < .05$), larger N100 for neutral words in the frontal, central,
129	left temporal ($r =16,17,17$, respectively, all $p < .05$), larger N400 for neutral
130	words in the frontal, central, left temporal and right temporal areas ($r =20,15$,

131 -.15, .20, respectively, all p < .05), larger LPC for positive words in the frontal,

132 central, left temporal and right temporal areas (r = .15, .15, .17, .20, respectively, all p

< .05). For openness, higher scores were associated with smaller P200 for positive 133

words in the central and left temporal area (r = -.14, -.16, respectively, both p < .05). 134

135For extraversion, higher scores were associated with smaller N100 for positive words

136 in the central area (r = .15, p < .05), smaller P200 for positive words in the central,

137 left temporal and right temporal areas (r = -.16, -.19, -.16, respectively, all p < .05),

138 smaller N100 for neutral words in the frontal and central areas (r = .18, .14,

139 respectively, both p < .05), smaller P200 for neutral words in the central, left temporal

140 and right temporal areas (r = -.21, -.18, -.18, respectively, all p < .05), and smaller

141 N400 for negative words in the left temporal area (r = .15, p < .05).

142 **Predictive models of personality based on ERP responses**

143 Participants' ERP responses elicited by the word stimuli were used as features to train 144 five predictive models, one for each of the Big Five traits, using a nested cross-145 validation approach with elastic net regularized regression analyses. To assess the 146 predictive models' performance, correlations were calculated between pairs of EEG-147 predicted and self-reported scores for each of the Big Five traits. Notably, important 148 ERP features retained as well as finally used for the sparse-regression-based trait 149 predictive models (see 'Feature selection and model training' in Methods) were 150located not only within the time windows of these emotion related ERP components, 151but also extended to the pre-stimulus periods (< 0 ms), as well as the late processing 152stages (> 500 ms) (Fig. 3).



154 **Fig. 3.** ERP features used in the trait predictive models. The colored channel by time 155bins demonstrate the ERP features retained for model training (p-value < the optimal 156*p*-value threshold) and the black dots mark the bins that were finally used in the 157elastic net regularized sparse regression model. The colors show the bivariate Pearson 158correlation coefficients between the ERP features at the channel-time bin and the 159corresponding self-report trait scores. EEG channels array are Fp1/2, Fz, F3/4, F7, 160 FC5, T3, CP5, F8, FC6, T4, CP6, FC1/2, Cz, C3/4, CP1/2, P3/4, Pz, PO3/4, Oz, O1/2, 161 organized in five ROIs: frontal area (F), left temporal area (LT), right temporal area 162 (RT), central area (C), occipital area (O). See 'Feature selection and model training' 163 in Methods for details.

- 164 The predictive models achieved significant correlations between the predicted and
- 165 self-reported trait scores (Fig. 4). Specifically, Pearson correlations for agreeableness,
- 166 conscientiousness, neuroticism, openness and extroversion were .47, .61, .49, .48,
- 167 and .53, respectively (all p < .001, N = 196).





168

Fig. 4. Scatterplots for the correlations between the predicted and self-reported trait scores. Each dot represents the scores from one participant (for each plot, N = 196). The predicted score for each dot was obtained by using a nested cross-validation approach with the predictive model trained with the remaining samples excluding the to-be-predicted sample.

- 170 For 127 of the 196 participants, the mean participant-wise absolute difference
- 171 between the predicted and self-reported scores (averaged over the absolute differences
- 172 from the five traits) were less than 0.5 on a 5-point scale (Fig. 5a, mean differences
- 173 across participants = 0.45 ± 0.18). In addition, the histogram of the correlation
- 174 coefficients between the 5-dimensional EEG-predicted personality trait constructs and

- the self-reported counterpart for each individual participant shows a clear tendency
- towards high correlation values (Fig. 5b): 139 out of the 196 participants showed



Fig. 5. Evaluation of the predicted scores. (*a*) A histogram of the participantwise prediction errors (i.e. the mean absolute difference between the EEGpredicted scores and self-reported scores). (*b*) A histogram of the participant-wise correlations of the 5-dimension personality constructs between the EEGpredicted scores and self-reported scores.

- 177 correlations higher than .5 (average correlation $r = .59 \pm .37$). The high correlation
- 178 values indicate that these five predictive models together can reliably reflect the
- 179 relatively high and low of the participants' personality scores.

180 External validity

- 181 After the task, a subsample of the participants also completed one or two sets of
- 182 measures for assessment of external validity. First, a subsample of the participants
- 183 completed questionnaires for indices of psychological adjustment, including life
- 184 satisfaction (SLAS, N = 135), positive affects (PA, N = 111), negative affects (NA, N
- 185 = 111), and symptoms of depression (BDI, N = 111), which have been shown to be
- 186 predicted by personality scores in previous studies(Cloninger, Svrakic, & Przybeck,
- 187 2006; González Gutiérrez, Jiménez, Hernández, & Puente, 2005; Larsen & Ketelaar,

188 1991; Strickhouser, Zell, & Krizan, 2017). Second, 60 participants also watched a 189 series of emotional video clips and rated the valence of each clip. The averaged 190 valence ratings for the positive (POS), negative (NEG), and neutral (NET) clips were 191 used as measures of their affective responses to emotional stimuli. For each of the 192 seven indices, two separate regression models were built using the EEG-predicted and 193 self-reported trait scores, and external validity was assessed using the regression 194 model fitting *R* values. For the four indices of psychological adjustment as well as



Fig. 6. External validity of the EEG-predicted and self-reported trait scores. The dark green and light green bars show the predictive powers of EEG-predicted and self-reported trait scores for a certain behavior or life outcome index as reflected in regression model fitting r values. NET, NEG, POS are participants' ratings of the valence of neutral, negative and positive video clips, NA and PA are self-reported scores of negative and positive affects; SLAS is the self-reported score of Satisfaction with Life Scale; BDI is the self-reported score of Beck Depression Inventory. See Table S2 for detailed results.

- 195 the valence rating for positive video clips, the self-reported trait scores achieved
- 196 higher predictive power than the EEG-predicted trait scores. However, for the
- 197 experienced emotional valences the neutral and negative video clips, the EEG-
- 198 predicted scores were able to achieve slightly higher predictive powers than self-
- 199 reported scores (Fig. 6).

200 Test-retest reliability

- 201 Temporal correlations were calculated for each of the predicted and self-reported trait
- scores from the subsample of the participants (N = 33) who completed the task for a
- 203 second time 19-78 days later. The self-reported trait scores showed adequate to good
- test-retest reliability (r = .86, .67, .65, .76 and .79 for agreeableness,
- 205 conscientiousness, neuroticism, openness and extroversion, respectively). The
- 206 predicted scores' test-retest reliability, except for neuroticism, were lower than the
- self-reported scores (r = .51, .31, .67, .50 and .58 for agreeableness,
- 208 conscientiousness, neuroticism, openness, and extroversion, respectively). A closer
- 209 look at the data suggested that the extremely low reliability of conscientiousness was
- 210 largely due to two outliers. After these two were excluded, the reliability increased
- 211 to .65. Participant-wise analyses revealed that the average of the mean score



Fig. 7. Evaluation of the test-retest reliability. (*a*) A histogram of the participant-wise test-retest errors across two data collections. (*b*) A histogram of the participant-wise correlations of the scores of the 5-dimension personality constructs between the two data collections.

- difference over the five traits was 0.27 ± 0.15 , and the average 5-dimension construct-
- 213 based correlation was .67 \pm .31 (Fig. 7).

214 **Discussion**

215 Our results for the first time demonstrate the feasibility of combining machine 216 learning and EEG recordings to make indirect yet fairly accurate quantitative 217 predictions about an individual's personality. The correlations between the predicted 218 and self-reported scores (.47-.61) were comparable to previous studies using digital 219 footprints as input features(Wu et al., 2015). Furthermore, the EEG-predicted scores 220 could significantly predict several indices of psychological adjustment, even though 221 their predictive powers were lower than those of the self-reported scores. The better 222 performances of the self-reported trait scores might be partially attributed to the fact 223 that psychological adjustment was also measured with self-reported scales, and 224 common-method bias may have inflated the correlations among them(Podsakoff, 225 Mackenzie, Jeong-Yeon, & Podsakoff, 2003). For outcomes like affective responses 226 to video clips, the EEG-predicted trait scores achieved slightly better predictive 227 powers than the self-reported scores, demonstrating their usefulness in predicting real-228 world affective experiences. While producing results comparable to self-reported 229 measures, the proposed method does not require the participant to report his/her own 230 personality explicitly, thus is less susceptible to faking. Also, the task is brief in time 231 and has been tested with a portable EEG system, making it useful for application-232 oriented personality assessment. 233 Even though we primarily focused on developing a new method for personality

assessment, a closer look at the correlation between personality and the temporal and

spatial patterns of standard ERP features may also shed some light into the question of

the neurophysiological basis of personality. Firstly, in general, extroversion and

237 neuroticism were associated with more ERP components, which is consistent with the

238 previous finding that these two traits more closely connect to emotions(L. A. Clark,

239 2005; L. A. Clark, Watson, & Mineka, 1994; Watson, Clark, & Harkness, 1994).

240 Secondly, there were significant correlations between ERP responses for positive 241 words in the temporal area and self-reported scores for agreeableness and openness. 242 These results are consistent with previous studies reporting that these two traits are 243 associated with positive affects(Holtgraves, 2011; Letzring & Adamcik, 2015; Ready 244 & Robinson, 2008), and that agreeableness is closely associated with the temporal 245 regions responsible for social information processing(DeYoung et al., 2010; B. W. 246 Haas et al., 2015; Haas, Ishak, Denison, Anderson, & Filkowski, 2015). Finally, for 247 conscientiousness, we observed a diminished LPC for neutral words for the 248 participants with higher conscientiousness scores, which may support the hypothesis 249 that conscientiousness reflects a tendency to inhibit impulses and feel 250 calmness(Fleming, Heintzelman, & Bartholow, 2016; John et al., 2008). Nonetheless, 251these correlations were generally weak in magnitude (.15-.21), making it difficult to 252 make accurate individualized inferences. The machine learning approach, on the other 253 hand, simultaneously took multiple neural features into considerations and produced 254more reliable individualized predictions. Furthermore, the cross-validation techniques 255used in the development of the predictive algorithm ensures greater out-of-sample 256 generalizability(Dubois & Adolphs, 2016), thus could be more useful for application 257purposes such as personnel selection. 258 It might also be worthwhile to examine the predictive performances of models using 259 ERP responses from only a single condition (positive, negative or neutral words). In

260 general, these models' performances were sub-par compared to models using data

261

262 condition for extroversion was the positive condition. This is consistent with previous

from all three conditions (Fig. S2). With single condition models, the best performing

studies which have found that extroverts are more closely associated with positive

264 emotions(Canli et al., 2001; Lucas, Le, & Dyrenforth, 2008; Srivastava, Angelo, &

265 Vallereux, 2008; L. Wang, Shi, & Li, 2009; Yuan, He, Lei, Yang, & Li, 2009; Yuan 266 et al., 2012). For openness and neuroticism, the models in three conditions had similar 267 performance. This is also consistent with previous studies which have suggest that 268 both dimensions are associated with the processing of stimuli of various 269 valences(John et al., 2008) (Bartussek, Becker, Diedrich, Naumann, & Maier, 1996; 270 Gray, 1981). In the models for conscientiousness and agreeableness, there was better 271 performance in the neutral condition. These results are consistent with the definition 272 of the two dimensions, which are less related to emotional reactivity(John et al., 273 2008). Even though we designed the measure based on the Big Five's relationship 274 with the processing of emotional stimuli, the predictive weights of the neutral features 275suggest that non-affective processes may also contribute to the predictive models' 276 performances. 277 Interestingly, when taking a closer look at the temporal aspects of feature selection, 278 there were selected features from the pre-stimulus period for all the predictive models. 279 The nature of pre-stimulus ERP components has long been a topic of discussion. 280 While the ERP signals recorded before the onset of stimuli have traditionally been 281 considered as "baseline" and not included in data analysis, there is emerging evidence 282 to suggest that there are functional implications for pre-stimulus activity(Falkenstein, 283 Hoormann, Christ, & Hohnsbein, 2000; Lazzaro, Gordon, Whitmont, Meares, & 284 Clarke, 2001). The inter-trial variability of the pre-stimulus activity has been 285 repeatedly been reported as being related to one's cognitive states (Bode et al., 2012; 286 Ikumi, Torralba, Ruzzoli, & Soto-Faraco, 2019; Lou, Li, Philiastides, & Sajda, 2014; 287 Polich & Kok, 1995). As the mean amplitude of the pre-stimulus period was 288 subtracted before the analysis, our results suggest a possible contribution from the 289 fluctuation of the baseline activity rather than its absolute amplitude. In addition, our

290 study found associations between the inter-participant variability of the baseline ERP 291 responses and one's trait scores. Therefore, our findings extend existing findings by 292 suggesting that baseline activity might provide information about one's dispositional 293 tendencies. However, it should be noted that the above discussions based on feature 294 selection are mostly speculative. More theoretical and empirical works are needed to 295 clarify the psychological and neural mechanism. 296 The test-retest reliabilities for agreeableness, openness, and extroversion of the 297 proposed EEG measure were in the range of .5-.7. While these results were generally 298 lower than the self-reported counterpart (in the range of .7-.8), our findings are 299 comparable, if not better, than the existing studies on the stability of ERP responses(Ip 300 et al., 2018; Segalowitz & Barnes, 1993). According to previous studies, the reliability 301 of EEG and ERP was affected by various variables, such as age of 302 participants(Alperin, Mott, Rentz, Holcomb, & Daffner, 2014), recording 303 intervals(Sandman & Patterson, 2000), state and other factors(Ip et al., 2018; 304 Segalowitz & Barnes, 1993). In our study, one possible source of error may have been 305 if the EEG cap aligned slightly differently between the two data collection sessions. 306 Thus, the positions of the electrodes may have deviated slightly, introducing 307 additional noise into the predictive models. In addition, a systematic evaluation and 308 control of the participant's general cognitive state should have been conducted, as it 309 could substantially affect the emotional ERP responses(Jiang et al., 2017). Further 310 studies are necessary to elucidate these issues, especially focusing on the participants 311 with low test-retest reliabilities. 312 As a final, but note-worthy comment, while the present study was conducted using a

313 wet electrode based EEG system, recent advances in EEG recording techniques on

314 electrode materials and designs, hardware improvements and system optimization

315	have shown the potential to greatly improve the usability of EEG devices to a general
316	user population(Lühmann, Wabnitz, Sander, & Müller, 2017; Siddharth, Patel, Jung,
317	& Sejnowski, 2018; F. Wang, Li, Chen, Duan, & Zhang, 2016). The proposed EEG
318	based personality measure is expected to be readily applicable in many practical
319	scenarios, serving as a promising alternative to conventional personality
320	questionnaires in the near future.

321 Materials and Methods

322 Participants

One hundred and ninety-six young participants (154 females, mean age = 21 years, range 18-28 years) from Tsinghua University and China Women's University took part in the study. All of them had normal or corrected-to-normal vision. Informed consent was obtained from all participants. The study was conducted in accordance with the Declaration of Helsinki and approved by the local Ethics Committee of Tsinghua University.

329 Materials

- 330 One hundred and eighty double-character Chinese words were employed as the
- stimuli, including 60 positive-emotion words, 60 negative-emotion words, and 60
- neutral-emotion words (see Table S2 for the full list). All words were selected from
- the Chinese Affective Words System(Y. N. Wang, Zhou, & Luo, 2008; Q. Zhang, Li,
- Gold, & Jiang, 2010). According to their valence, we choose the top 20 most pleasant
- adjectives, nouns and verbs as positive-emotion words (mean valence rating
- 336 7.43±0.16 on a 9-point Likert scale), the top 20 least pleasant adjectives, nouns and
- 337 verbs as negative-emotion words (mean valence 2.38 ± 0.21), the median 20 pleasant

adjectives, nouns and verbs as neutral words (mean valence 5.52±0.71). In addition,
20 double-character common Chinese names were selected as non-emotional stimuli
for the behavioral task.

341	The Chinese version of the Big Five Inventory (BFI)(Carciofo, Yang, Song, Du, &
342	Zhang, 2016) was used to measure participants' personalities. The questionnaire is a
343	5-point Likert scale including 44 items, 8 measures of extraversion, 9 measures of
344	agreeableness, 9 of measures conscientiousness, 8 measures of neuroticism and 10
345	measures of openness. The internal consistency coefficients were good for every
346	dimension in the current study (alpha: extraversion = .89, openness = .85, neuroticism
347	= .84, conscientiousness $= .82$, agreeableness $= .79$).

348 **Experimental procedure**

349 The experiment was carried out in a regular laboratory environment without any

350 electrical shielding. There was ambient illumination from ceiling lights. The stimuli

351 were displayed on a 22-inch LCD monitor (DELL, USA) with a 60 Hz refresh-rate.

352 The participants sat in a comfortable chair approximately 60 cm away from the

353 monitor screen.

354 The participants first filled in the BFI questionnaire prior to the start of the

355 experiment. The main experiment consisted of 200 trials (Fig. 1). Within each trial,

356 one double-character Chinese word was presented for 200 ms, followed by an inter-

trial interval of a random length in the range 1000-1300 ms. All words were presented

- in white against a black background. Words were presented in the center of the
- 359 computer screen, with a size of 1.5° by 2.0° (horizontal by vertical, measured in visual

360 angle) per character and a 0.75° center-to-center distance between the characters. The

361 order of the presentation was randomized for each participant. The participants were

362	asked to focus on the words and press the Down Arrow key on the computer keyboard
363	when they detected a Chinese name. The duration of the EEG recording was about 5
364	minutes per participant (excluding the EEG preparation time). Presentation of the
365	stimuli and collection of the behavioral responses were programmed in MATLAB
366	(The Mathworks, USA) using the Psychophysics Toolbox 3.0 extensions(Brainard,

367 1997; Kleiner et al., 2007; Pelli, 1997).

368 EEG recordings

- 369 A portable wireless EEG amplifier (NeuSen.W32, Neuracle, China) was used for data
- 370 recording at a sampling rate of 250 Hz. EEG data were recorded from 28 electrodes
- positioned according to the international 10-20 system (Fp1/2, Fz, F3/4, F7/8, FC1/2,
- 372 FC5/6, Cz, C3/4, T3/4, CP1/2, CP5/6, Pz, P3/4, PO3/4, Oz, O1/2) and referenced to
- 373 linked mastoids with a forehead ground at AFz. Electrode impedances were kept
- below 10 kOhm for all electrodes throughout the experiment.

375 EEG preprocessing

- 376 All EEG data analyses were performed using MATLAB with the Fieldtrip
- 377 toolbox(Oostenveld, Fries, Maris, & Schoffelen, 2011). The continuous EEG data
- 378 were first band-pass filtered at 1-30 Hz. Artifacts due to eye movement, muscle
- 379 movement, and other possible environmental noises were removed using independent
- 380 component analysis (ICA). On average, 1-3 artifact related independent components
- 381 (ICs) per participant were manually identified and excluded. The remaining ICs were
- then back-projected onto the scalp EEG channels to reconstruct the cleaned EEG data.
- 383 EEG data were then segmented into 1.2-sec trials from 200 ms pre-stimulus to 1000
- 384 ms post-stimulus. Trials with non-emotional stimuli (i.e., Chinese names) were
- 385 excluded from further analysis. Trials with peak-to-peak voltage changes exceeding

 $\pm 150 \text{ mV}$ in any recording electrode were also rejected to avoid possible artifact

387 contamination. On average, the number of rejected trials per participant was less than

388 10. The artifact-free trials were then averaged for each emotional category (i.e.,

389 positive, negative and neutral) and baseline corrected using the average of the 200 ms

390 pre-stimulus data, resulting in three ERP waveforms per participant.

391 **ERP component analysis**

- 392 This research analyzed the potentials of the N100, P200, N400 and LPC components
- across different sets of electrodes. The mean amplitude of all ERPs component was
- 394 calculated in five ROIs and four time windows (frontal area: Fp1/2, Fz, F3/4; central
- area: FC1/2, Cz, C3/4, CP1/2; left temporal area: F7, FC5, T3, CP5; right temporal
- area: F8, FC6, T4, CP6; occipital area: P3/4, Pz, PO3/4, Oz, O1/2; time windows:
- 397 100–140 ms for N100; 200–280 ms for P200; 320-400 ms for N400; and 460-540 ms
- 398 for LPC).
- 399 Pearson's correlations were computed between the mean amplitudes of N100, P200,
- 400 N400 and LPC components for different emotional words (positive, negative, neutral)

401 and self-reported scores, with uncorrected *p*-values reported.

402 Feature selection and model training

403 The processed data were used as features for building regression models for the

404 prediction of the five trait scores. The averaged multichannel ERP responses to

- 405 positive, negative and neutral words yielded 3 (emotion: positive, negative and
- 406 neutral) \times 28 (EEG channels) \times 300 (sample points comprising 1.2 s at a sampling
- 407 rate of 250 Hz) = 25, 200 features per sample (participant). As the feature dimensions
- 408 were much larger than the sample size (i.e., 196 participants), it was necessary to

409 perform feature selection for enhancing the stability and generalizability of the 410 regression models(Bermingham et al., 2015). Following previous neuroimaging 411 studies(Cui, Xia, Su, Shu, & Gong, 2016; R. T. Jiang et al., 2018; Rosenberg, Hsu, 412 Scheinost, Todd Constable, & Chun, 2018), we applied a nested leave-one-out cross-413 validation (nested-LOOCV) strategy, including an outer and an inner loop. The 414 procedure was performed separately for each of the five traits. 415 The outer loop performed the overall evaluation of the models generated by the inner 416 loop. By leaving out one sample (participant) at a time, the remaining 195 samples 417 were used as the training set to build 196 regression models (with the self-reported 418 scores of one trait as the dependent variable). These regression models were then 419 applied to the left-out sample to obtain 196 predicted personality scores. The 420 Pearson's correlation coefficient between these predicted scores and their 421 corresponding self-reported scores was used to quantify the effectiveness of the 422 models. The model with the highest correlation coefficient was considered the best-423 performing model for further analyses. 424 The inner loop focused directly on feature selection. Here all analyses were performed 425 using 195 samples from the training set as described in the outer loop procedure. The 426 features were initially selected by thresholding the features according to the *p*-values 427 of their bivariate Pearson correlations with the self-reported personality scores 428 (performed separately for each personality score). By varying the *p*-value threshold 429 from .01 to .15 with a step of .01, different numbers of features were retained and 430 used for a series of regression analyses. Considering the possible occurrence of a high 431 feature dimension problem in these conditions, a sparse regression analysis method 432 was employed, using elastic net regularization with the alpha parameter set to 433 0.75(Zou & Hastie, 2005). All models were first evaluated using the outer loop, and

434	the optimal <i>p</i> -value was subsequently decided. The changes of cross-validated
435	correlation coefficients as a function of the p -value thresholds is shown in Figure S3.
436	The optimal <i>p</i> -values for the five personality models were .03, .02, .08, .05 and .02 for
437	Agreeableness, Conscientiousness, Neuroticism, Openness and Extroversion
438	respectively. Correspondingly, 74, 56, 90, 90, and 70 features on average were
439	retained for the 196 predictive models of the five traits, respectively.
440	The procedure is also briefly illustrated in Fig. 1 (lower panel). The LASSO method
441	was implemented using the Statistics and Machine Learning Toolbox provided by
442	MATLAB (The MathWorks, USA).

443 **Evaluation of the predicted scores**

444 Firstly, the model performance was assessed by correlating the predicted trait scores

445 with the self-reported scores (Fig. 4), computing prediction errors (the mean absolute

446 difference between the predicted and self-reported scores for each trait, Fig. 5a) and

447 computing participant-wise correlations (the correlations of the 5-dimension

448 personality constructs between the EEG-predicted scores and self-reported scores,

449 Fig. 5b).

450 Secondly, the external validity of the measure was assessed by comparing the

451 predictive power of the predicted scores to the self-reported scores (Fig. 6). A

452 subsample of participants completed a number of self-reported measures of indices of

453 psychological adjustment, including the Satisfaction with Life Scale(Xiong & Xu,

454 2009) (N = 135), Beck Depression Inventory(Shek, 1990) (N = 111), and Positive and

455 Negative Affects Scale(Huang, Yang, & Li, 2003) (N = 111). Another sixty

456 participants watched 28 emotional videos including 12 positive clips (i.e., amusement,

457 joy, inspiration, and tenderness), 12 negative clips (i.e., anger, disgust, fear, and

458 sadness) and 4 neutral clips, all of which were selected based on standardized emotion 459 ratings from three established emotional video datasets(Hu et al., 2017; Liu et al., 460 2018; Schaefer, Nils, Sanchez, & Philippot, 2010). After watching each of the clips, 461 participants reported their experienced emotional valence of the video. The average 462 valence of all positive (negative/neutral) clips was calculated as the final indices of 463 positive (negative/neutral) experiences. The information of the video clips is provided 464 in Table S3. 465 Finally, to assess the test-retest reliability of the models, 33 participants participated 466 in the experiment twice, with a time interval of from two weeks to two months (mean

467 interval 41 days, range 19-78 days). Correlations were computed between the

468 predicted scores from the two data collection sessions. The test-retest reliability of

self-reported scores was calculated in the same way. Meanwhile, prediction errors (the

470 mean absolute differences between the predicted scores from the two data collection

471 sessions, Fig. 7a) and participant-wise correlations (the correlations between the

472 predicted scores from the two data collection sessions, Fig. 7b) were also computed.

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Contributions

D.Z. and F.W. developed the study concept and design. W.L. and C.W. developed the study stimuli. W.L., C.W., X.H., and J.C. collected the data. W.L. analyses and interpreted the data under the supervision of D.Z.. W.L. drafted the manuscript. S.F., X.H., and J.C. discussed the results and commented on the manuscript. D.Z. and F.W. provided critical revisions.

Competing interests

The authors declare no competing interests.

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